

Issue 10
SPSS Newsletter
Autumn 2020

The New School Year & Autumn Issue

- Back To -


SCHOOL

You make your own choices.



To get ahead you must get started.

In this Issue ■ Short & long term goals
■ A few new things on campus ■ Is Autumn already here?
■ Much, much, much more...



Hello and welcome back to school (that's a little belated, but the sentiment remains the same).

It has definitely been an interesting start to the year. We have had a delayed start, split sessions, and a typhoon day, all rolled into a reduced timetable. It's quite amazing what can be achieved when we really put our minds to it.

Autumn is here, and with it we can begin to focus on the academic year ahead. It's very difficult to concentrate on an entire year all in one go, and that's where **goals can really focus our thinking**. Let's take a look at a few ways of doing this.

GOALS (WHAT ARE THEY?)



A goal is something that a person wants to accomplish or achieve. It is based on an idea or a desired result, and can be soon, or some time in the distant future. It is important to list our goals to help us focus our direction, and to provide a clear plan of action.

LONG TERM

A long term goal is something that you want to achieve or accomplish some time in the distant future. It may be something that you want to realise later (run a marathon, become a lawyer) and it is usually much greater or more meaningful than a short term goal.

SHORT TERM

Short term goals are for soon (maybe this week, or this month). They can contribute to our long term goals, but are much more focused with very clear objectives. Examples of short term goals could be: exercise every morning, finish my homework before 7pm.

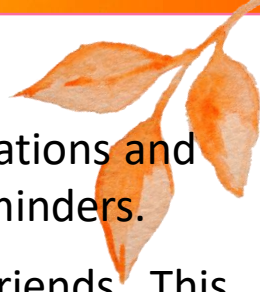
Write down a few **Long Term** and **Short Term** goals for this year:

LONG TERM

SHORT TERM



A FEW REMINDERS



Of course, this year we have a few new school rules, regulations and guidelines that we should follow. Here are a couple of reminders.

Social Safety – Be sure to keep a safe distance from your friends. This will help to reduce the spread of any germs or viruses.

Temperature Tunnel – Ensure that you pass through the temperature checkpoint at the school's entrance staircase, every day.

Eating Acts – It's extremely important to eat at a safe distance from others, and to keep your food to yourself.

Handy Hygiene – Wash your hands well, and disinfect them whenever you have the opportunity to do so.

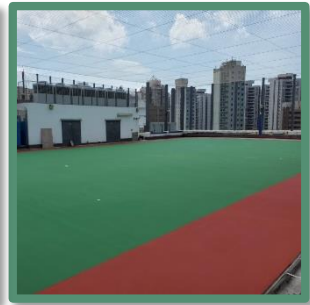


NEW THINGS ON CAMPUS

There are a few new things on campus.

Recycling is more important than ever. Now, each classroom can do even more to

help the planet (and Hong Kong). Also, the **rooftop basketball area** has been fixed, refurbished, and is looking good. Perfect for some hoops!



ARRIVAL OF AUTUMN



It's here, though it will soon be pushed aside by winter. Amazing weather on our campus has really helped the fresh foliage to flourish.



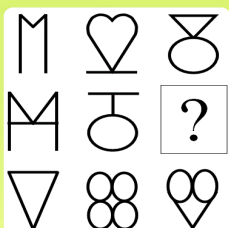
PUZZLE PAGE See if you can complete these patterns puzzles, riddles, tongue twisters, brain teasers, and maths quizzes (answers to be revealed at a later date).

What are the next three letters in this 12 letter sequence?

J, F, M, A,
M, J, J, A,
S, _ , _ , _ .



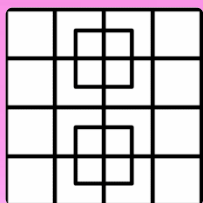
What is the missing shape?



How much dirt is in a hole that measures: 2 feet by 3 feet by 4 feet?



How many squares are in this picture?



What comes once in a minute, twice in a moment, but never in a thousand years?



Tongue Twister Time

Betty bought butter but the butter was bitter, so Betty bought better butter to make the bitter butter better.

I have keys, but no doors.
I have space, but no room.
You can enter, but you can't go outside.

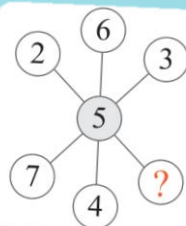


What am I?

RIDDLE???

JIMMY'S MOTHER HAS FOUR CHILDREN. SHE NAMED THE FIRST MONDAY, SHE NAMED THE SECOND TUESDAY, AND SHE NAMED THE THIRD WEDNESDAY. WHAT IS THE NAME OF THE FOURTH CHILD?

Complete the number puzzle

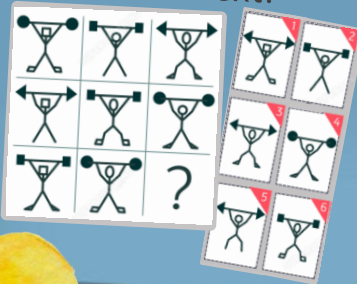


Can you say this tongue twister three times?

My mummy makes me muffins on Mondays.



Which one comes next?



What goes all the way around the world, but stays in the corner?

